



# HPUMC DAY SCHOOL

## School Menu June 2016

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
*no Sunbutter for Room 146 Send Jelly or Cream cheese in its place			<b>Morning Snack:</b> Blueberry Smoothies  <b>Lunch:</b> Chicken Fajitas Cheese, Lettuce Rice Black Beans  <b>Afternoon Snack:</b> Celery Sticks with Sunbutter and Raisins	<b>Morning Snack:</b> Cinnamon Whole Wheat Toast  <b>Lunch:</b> Roasted Turkey Breast Mashed Potatoes Steamed Broccoli  <b>Afternoon Snack:</b> Pretzels Cheese Cubes	<b>Morning Snack:</b> Buttermilk Pancakes Bananas & Syrup  <b>Lunch:</b> Lemon Grilled Chicken Strips Rice Green Beans  <b>Afternoon Snack:</b> Avocado Dip Carrots and Zucchini Sticks	
5	6	7	8	9	10	11
	<b>Morning Snack:</b> Oatmeal with Blueberries  <b>Lunch:</b> Homemade Tomato Soup with Grilled Cheese Sandwiches on Whole Wheat  <b>Afternoon Snack:</b> Cranberry Applesauce Bars	<b>Morning Snack:</b> Cinnamon Tortilla Chips with Fruit Salsa  <b>Lunch:</b> Whole Wheat Pasta Italian Meat sauce on the side Zucchini Rounds  <b>Afternoon Snack:</b> Homemade Trail Mix	<b>Morning Snack:</b> Raisin Bran Muffins  <b>Lunch:</b> Homemade Mac 'n Cheese Fresh Green Beans Sliced Grapes  <b>Afternoon Snack:</b> Sliced Apples Graham Crackers	<b>Morning Snack:</b> Yogurt, Granola, Berries  <b>Lunch:</b> Sloppy Joes Whole Wheat Bun Sweet Potato Wedges Broccoli  <b>Afternoon Snack:</b> English Muffins with All Fruit Jelly	<b>Morning Snack:</b> Blueberries with Mini Buttermilk Waffles  <b>Lunch:</b> Grilled Chicken Breast Strips Brown Rice Cauliflower  <b>Afternoon Snack:</b> Sliced Cantaloupe	
12	13	14	15	16	17	18
	<b>Morning Snack:</b> Vanilla Yogurt with Fresh Berries  <b>Lunch:</b> BBQ Brisket Sliders Fresh Corn Sliced Watermelon  <b>Afternoon Snack:</b> Sliced Apples with Sunbutter	<b>Morning Snack:</b> Banana French Toast  <b>Lunch:</b> Turkey Roll Up Mozzarella Cubes with Whole Wheat Crackers Sliced Grapes  <b>Afternoon Snack:</b> Guacamole Celery Sticks	<b>Morning Snack:</b> Strawberry Oatmeal Bars  <b>Lunch:</b> Beef Tacos Queso and Chips Lettuce/Tomato Beans  <b>Afternoon Snack:</b> Rainbow Fruit K-bobs	<b>Morning Snack:</b> Cheerios with Milk  <b>Lunch:</b> Penne Pasta With Marinara And Meatballs on the side Yeast Rolls  <b>Afternoon Snack:</b> Applesauce	<b>Morning Snack:</b> Biscuits with All Fruit Jelly  <b>Lunch:</b> Pizza with Fresh Mozzarella and Hamburger Side Salad  <b>Afternoon Snack:</b> Raisin Bran Muffins	
19	20	21	22	23	24	25
	<b>Morning Snack:</b> Half Banana Blueberry Muffins  <b>Lunch:</b> Grilled BBQ Chicken Fingers Fresh Corn Baked Beans  <b>Afternoon Snack:</b> Fruit Smoothies	<b>Morning Snack:</b> Sliced Cantaloupe  <b>Lunch:</b> Roasted Turkey Breast Mashed Potatoes Steamed Broccoli  <b>Afternoon Snack:</b> Pumpkin Muffins	<b>Morning Snack:</b> Mini Bagels with Cream Cheese  <b>Lunch:</b> All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots  <b>Afternoon Snack:</b> Watermelon Lollipop	<b>Morning Snack:</b> Cinnamon Tortilla Chips Fruit Salsa  <b>Lunch:</b> Homemade Mac 'n Cheese Green Beans Yeast Rolls  <b>Afternoon Snack:</b> Pretzels Sliced Grapes	<b>Morning Snack:</b> Cheerios with Milk  <b>Lunch:</b> Chicken Quesadillas with Salsa Lettuce Peas & Carrots  <b>Afternoon Snack:</b> Homemade Trail Mix	
26	27	28	29	30		
	<b>Morning Snack:</b> Yogurt, Granola, Berries  <b>Lunch:</b> Cheese Pizza Salad with Ranch Half a Banana  <b>Afternoon Snack:</b> Biscuits with Ham	<b>Morning Snack:</b> English Muffin All Fruit Jelly  <b>Lunch:</b> Teriyaki Chicken Broccoli Rice Pineapple  <b>Afternoon Snack:</b> Tangerines	<b>Morning Snack:</b> Mini Bagels with Strawberry Cream Cheese  <b>Lunch:</b> Italian Sausage Lasagna Side Salad Wheat Roll  <b>Afternoon Snack:</b> Sliced Fresh Fruit	<b>Morning Snack:</b> Cheerios with Milk  <b>Lunch:</b> Grilled Sirloin Sliders Whole Wheat Buns Lettuce/ Tomatoes Oven Baked New Potatoes  <b>Afternoon Snack:</b> Sliced Carrots with Ranch		

Lunch provided by: Preston Hollow/ Highland Park Catering  
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