

## School Menu June 2016

SUN	MON	TUES	WED	THURS	FRI	SAT
501	MON	TUES	1	2	3	4
**** C11-1			-	2 Morning Snack:		4
*no Sunbutter for			Morning Snack: Blueberry	Cinnamon Whole Wheat	Morning Snack: Buttermilk	
-			Smoothies	Toast	Pancakes	
Room 146					Bananas & Syrup	
Send Jelly or Cream cheese			Lunch:	Lunch:		
in its place			Chicken Fajitas	Roasted Turkey Breast	Lunch:	
in its place			Cheese, Lettuce	Mashed Potatoes	Lemon Grilled	
			Rice Black Beans	Steamed Broccoli	Chicken Strips Rice	
			DIACK Dealis		Green Beans	
			Afternoon Snack:	Afternoon Snack:		
			Celery Sticks with	Pretzels	Afternoon Snack:	
			Sunbutter and	Cheese Cubes	Avocado Dip	
			Raisins		Carrots and	
-			0	0	Zucchini Sticks	
5	6	7	8	9	10	11
	Morning Snack:	Morning Snack:	Morning Snack:	Morning Snack:	Morning Snack:	
	Oatmeal with Blueberries	Cinnamon Tortilla Chips with Fruit	Raisin Bran Muffins	Yogurt, Granola, Berrries	Blueberries with Mini Buttermilk	
	Bluebellies	Salsa	Lunch:	Lunch:	Waffles	
	Lunch:	Guisu	Homemade	Sloppy Joes		
	Homemade	Lunch:	Mac 'n Cheese	Whole Wheat Bun	Lunch:	
	Tomato Soup	Whole Wheat Pasta	Fresh Green Beans	Sweet Potato Wedges	Grilled Chicken Breast	
	with Grilled	Italian Meat sauce	Sliced Grapes	Broccoli	Strips	
	Cheese Sandwiches	on the side			Brown Rice	
	on Whole Wheat	Zucchini Rounds	Afternoon Snack:	Afternoon Snack: English Muffins with	Cauliflower	
	Afternoon Snack:	Afternoon Snack:	Sliced Apples Graham Crackers	All Fruit Jelly	Afternoon Snack:	
	Cranberry	Homemade Trail	Grananii Crackers	All Fluit Jelly	Sliced Cantaloupe	
	Applesauce Bars	Mix			Sheed Canaloupe	
12	13	14	15	16	17	18
	Morning Snack:	Morning Snack:	Morning Snack:	Morning Snack:	Morning Snack:	
	Vanilla Yogurt	Banana French	Strawberry Oatmeal	Cheerios with Milk	Biscuits with	
	with Fresh Berries	Toast	Bars	× ,	All Fruit Jelly	
	Lunch:	Lunch:	Lunch:	Lunch: Penne Pasta	Lunch:	
	BBQ Brisket	Turkey Roll Up	Beef Tacos	With Marinara	Pizza with Fresh	
	Sliders	Mozzarella Cubes	Queso and Chips	And Meatballs	Mozzarella and	
	Fresh Corn	with Whole Wheat	Lettuce/Tomato	on the side	Hamburger	
	Sliced Watermelon	Crackers	Beans	Yeast Rolls	Side Salad	
		Sliced Grapes				
	Afternoon Snack:		Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	
	Sliced Apples with	Afternoon Snack:		Applesauce		
		C	Rainbow Fruit	rippiesauee	Raisin Bran Muffins	
	Sunbutter	Guacamole Celery Sticks	K-bobs	. ippresauce	Raisin Bran Muttins	
19		Celery Sticks	K-bobs			25
19	20	Celery Sticks 21	K-bobs 22	23	24	25
19		Celery Sticks	K-bobs			25
19	20 Morning Snack:	Celery Sticks 21 Morning Snack Sliced Cantaloupe	K-bobs 22 Morning Snack	23 Morning Snack:	24 Morning Snack: Cheerios with Milk	25
19	20 Morning Snack: Half Banana Blueberry Muffins	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch:	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa	24 Morning Snack: Cheerios with Milk Lunch:	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch:	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch:	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch:	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack:	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack:	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack:	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots	25
19	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack:	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
19 26	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack:	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack:	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack:	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack:	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack:	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack:	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola,	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola,	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin All Fruit Jelly	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk Lunch:	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola, Berries Lunch: Cheese Pizza	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin All Fruit Jelly Lunch: Teriyaki Chicken Broccoli Rice	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream Cheese Lunch: Italian Sausage	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk Lunch: Grilled Sirloin Sliders Whole Wheat Buns Lettuce/ Tomatoes	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola, Berries Lunch: Cheese Pizza Salad with Ranch	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin All Fruit Jelly Lunch: Teriyaki Chicken	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream Cheese Lunch: Italian Sausage Lasagna	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk Lunch: Grilled Sirloin Sliders Whole Wheat Buns Lettuce/ Tomatoes Oven Baked New	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola, Berries Lunch: Cheese Pizza	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin All Fruit Jelly Lunch: Teriyaki Chicken Broccoli Rice Pineapple	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream Cheese Lunch: Italian Sausage Lasagna Side Salad	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk Lunch: Grilled Sirloin Sliders Whole Wheat Buns Lettuce/ Tomatoes	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola, Berries Lunch: Cheese Pizza Salad with Ranch Half a Banana	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin All Fruit Jelly Lunch: Teriyaki Chicken Broccoli Rice Pineapple Afternoon Snack:	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream Cheese Lunch: Italian Sausage Lasagna	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk Lunch: Grilled Sirloin Sliders Whole Wheat Buns Lettuce/ Tomatoes Oven Baked New Potatoes	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25
	20 Morning Snack: Half Banana Blueberry Muffins Lunch: Grilled BBQ Chicken Fingers Fresh Corn Baked Beans Afternoon Snack: Fruit Smoothies 27 Morning Snack: Yogurt, Granola, Berries Lunch: Cheese Pizza Salad with Ranch	Celery Sticks 21 Morning Snack Sliced Cantaloupe Lunch: Roasted Turkey Breast Mashed Potatoes Steamed Broccoli Afternoon Snack: Pumpkin Muffins 28 Morning Snack English Muffin All Fruit Jelly Lunch: Teriyaki Chicken Broccoli Rice Pineapple	K-bobs 22 Morning Snack Mini Bagels with Cream Cheese Lunch: All Beef Hot Dogs Whole Wheat Bun Tater Tots Glazed Carrots Afternoon Snack: Watermelon Lollipop 29 Morning Snack: Mini Bagels with Strawberry Cream Cheese Lunch: Italian Sausage Lasagna Side Salad	23 Morning Snack: Cinnamon Tortilla Chips Fruit Salsa Lunch: Homemade Mac 'n Cheese Green Beans Yeast Rolls Afternoon Snack: Pretzels Sliced Grapes 30 Morning Snack: Cheerios with Milk Lunch: Grilled Sirloin Sliders Whole Wheat Buns Lettuce/ Tomatoes Oven Baked New	24 Morning Snack: Cheerios with Milk Lunch: Chicken Quesadillas with Salsa Lettuce Peas & Carrots Afternoon Snack:	25

Lunch provided by: Preston Hollow/ Highland Park Catering 214-739-0350 phcatering.net catering@phcatering.net